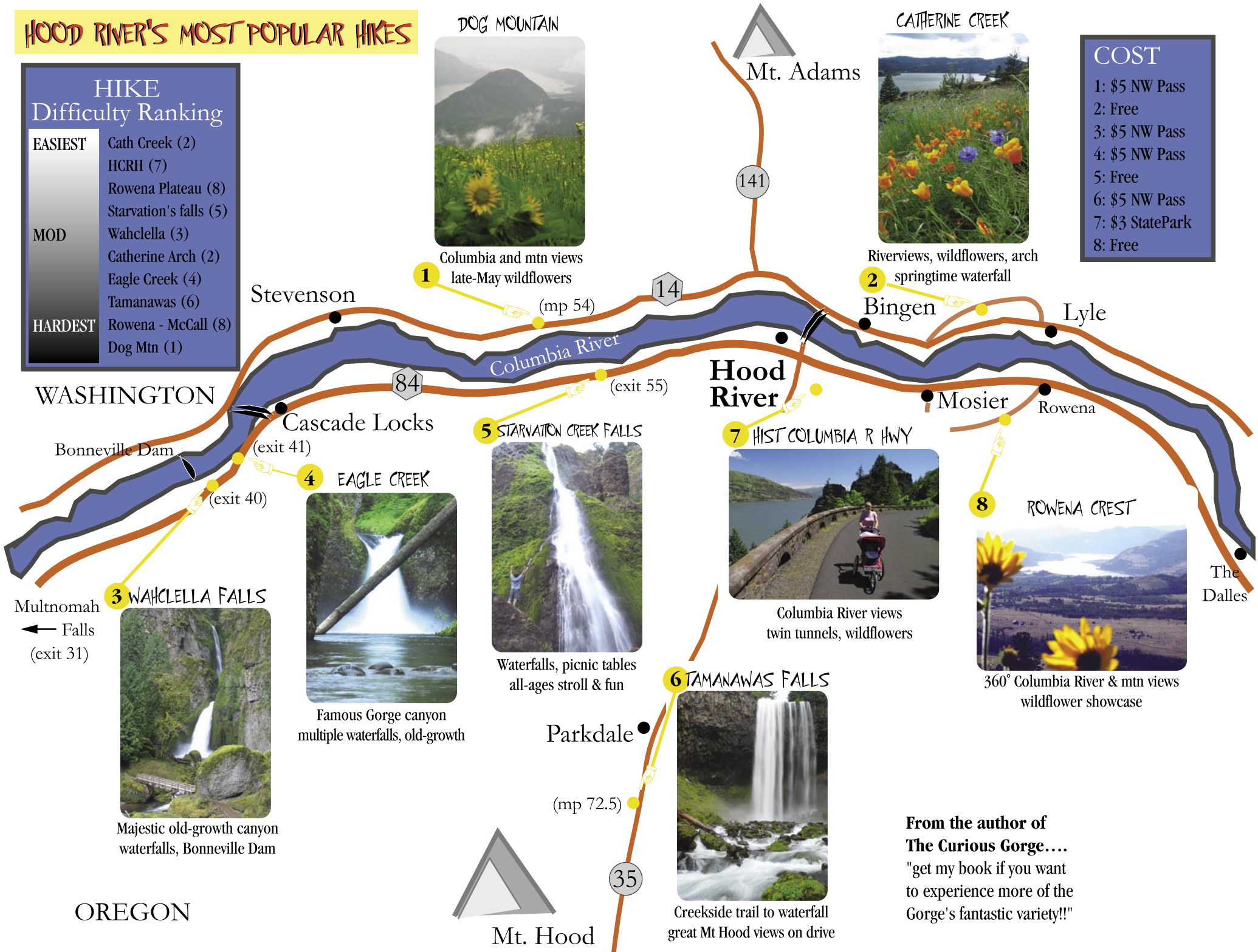


HOOD RIVER'S MOST POPULAR HIKES

HIKE Difficulty Ranking	
EASIEST	Cath Creek (2)
	HCRH (7)
	Rowena Plateau (8)
	Starvation's falls (5)
MOD	Wahclella (3)
	Catherine Arch (2)
	Eagle Creek (4)
	Tamanawas (6)
HARDEST	Rowena - McCall (8)
	Dog Mtn (1)

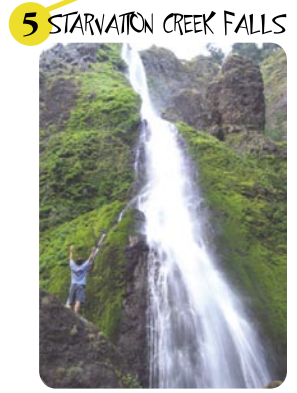
COST	
1:	\$5 NW Pass
2:	Free
3:	\$5 NW Pass
4:	\$5 NW Pass
5:	Free
6:	\$5 NW Pass
7:	\$3 StatePark
8:	Free



1 Columbia and mtn views late-May wildflowers (mp 54)



2 Riverviews, wildflowers, arch springtime waterfall



5 STARVATION CREEK FALLS

Waterfalls, picnic tables all-ages stroll & fun



7 HIST COLUMBIA R HWY

Columbia River views twin tunnels, wildflowers



8 ROWENA CREST

360° Columbia River & mtn views wildflower showcase



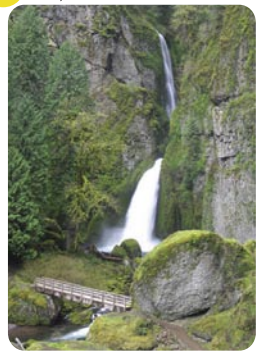
6 TAMANAWAS FALLS

Creekside trail to waterfall great Mt Hood views on drive



4 EAGLE CREEK

Famous Gorge canyon multiple waterfalls, old-growth



3 WAHCLELLA FALLS

Majestic old-growth canyon waterfalls, Bonneville Dam

Multnomah ← Falls (exit 31)

WASHINGTON

OREGON

From the author of **The Curious Gorge....**
"get my book if you want to experience more of the Gorge's fantastic variety!"

1

DOG MOUNTAIN



HIKE:
Diff 3-4m one-way
TIME: 3.5- 4.5 Hrs

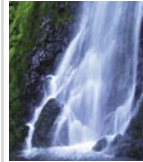
Three trails climb to this 2,948-foot peak. From the top you can spy Mts Hood, Adams, and St Helens and the gorge from Hood River to Crown Point - nice! The most popular hiking time is late May when wildflowers rage on the summit slopes.

Trailhead signs show the 3 routes. The righthand 2 trails are both wicked-steep, while the Augsburg is one mile longer, less steep and more scenic. The best loop is up "more diff" and down Augs.

DRIVE: From the HR bridge in Wash. head west on Hwy 14 for 11m to the big roadside lot at MP 54.

5

STARVATION CREEK FALLS



HIKE:
Easy 1m one-way
TIME: 30min- 1 Hr

The closest Big waterfall to Hood River! Starvation Falls cascades loudly in two giant tiers for 190 feet and it feels far from civilization even though it's just off the Hwy. Picnic tables along the creek are nice for families and scrambling up to the falls' base is Wow Fun! An easy trail also heads west along the Hwy where you can see 3 more waterfalls within the next mile (turn back at the third falls).

DRIVE: Starvation is exit 55 off Hwy 84 - Eastbound only. Head west to exit 51 and flip-flop back to exit 55.

2

CATHERINE CREEK



HIKE:
Easy/mod 1-2m loops
TIME: 30min-1.5 Hrs

Option 1: An easy, paved 1m loop heads towards the river and features exceptional wildflowers as well as scenic river views. The mellow terrain is great for strollers!

Option 2: An easy .3m trail (#020/021) leads thru the gate then right to a large basalt arch. Either view the arch and turn back or continue for a mile-long adventure - from the corral scramble up the faint path and rubble to the arch. Now up the narrow passage to its top. Head uphill .5m to the powerlines then down and left back to the corral.

DRIVE: From HR bridge in Wash. head east on Hwy 14 for 6m. Just before MP 71 turn L onto Old Hwy 8. Go 1.5m to signed pulloff.

6

TAMANAWAS FALLS



HIKE:
Mod 2m one-way
TIME: 2.5 Hrs

An idyllic deep-forest trail follows rushing Cold Spring creek 2 m up to spectacular Tamanawas Falls. This 125-foot daddy pours steadily over a rocky escarpment into a mossy rainbowed basin. The whole trail is a pleasure! Sure-footed folk can scramble up for a unique view from the large dry alcove behind the falls. Ooh-la-la

Begin trail by crossing the creek bridge, then follow signs, eventually crossing avalanche area and on to the falls.

DRIVE: Take Hwy 35 south from HR towards Mt Hood for 23.5m. T'head parking is a large gravel pullout at MP 72.5 - just before Sherwood campground. NOTE: Buy NW pass at FS Office on Hwy 35.

3

WAHCLELLA FALLS



HIKE:
Easy/mod 1m one-way
TIME: 1.5 Hrs

This 1m trail contours upstream alongside a pretty creek into an amazing canyon. Basalt walls tower overhead, dwarfing the massive old-growth trees! A trailend loop then brings you to the plunge pool at the foot of the thunderous falls. Wahclella's mystical chasm and creekside picnic spots make this hike a highlight of any Gorge visit.

Also, at the same exit, definitely visit the Dam and its monster sturgeon.

DRIVE: Head west on Hwy 84 to the Bonneville Dam exit #40. Go left for t'head (right to visit dam).

7

HISTORIC COLUMBIA RIVER HWY



HIKE:
Easy 4.7m one-way
TIME: 1-3 Hrs

This flat paved 4.7m section of the old scenic hwy, near downtown HR, is now closed to cars but open for a beautifully scenic stroll, a nice run, or a family-speed bike ride. Expect exceptional Columbia scenery, wildflowers galore, and a unique traverse from the Gorge's wetside to its dryside via the "Twin Tunnels". Park at either the HR end (at HCRH MP 68.3) or at the Mosier end (MP 73). The curvy railings are nearer to HR at MP 69.5, while the tunnels are nearer to Mosier at MP 72.

DRIVE: HR side: Take State St East, go thru Hwy 35 stopsign and wind 1.2m to parking. Mosier side: Take Hwy 84 east to exit 69. Go right then quickly left for 1m to parking (backtrack to trailhead).

4

EAGLE CREEK



HIKE:
Easy/mod 2-6m one-way
TIME: 2-6 Hrs

The Classic Gorge hike!! Heading up into this narrow, old-growth canyon you'll pass plenty of its famed waterfalls. The trail, often carved right into the sheer rock walls, is both epic and scary - kids and dogs should be leashed. Metlako falls is at 1.3m, famed Punchbowl at 2m, High bridge at 3m, and the trail behind Tunnel falls at 6m. The trail keeps going, but most day-hikers turn back at Tunnel or before. The spur trail down to Punchbowl is the must-see photo-op.

DRIVE: Eagle Creek is exit 41 off Hwy 84 - Eastbound only. Heading west, exit at 40 and flip-flop back to exit 41.

8

ROWENA CREST



HIKE:
Easy 1m one-way
Mod/diff 1.75 one-way
TIME: 1-3 Hrs

Best hikes in the eastern Gorge! Often DRY when west gorge is WET. Both options here showcase stunning scenery as well as a fab wildflower riot in April/May.

Option 1: The Rowena Plateau trail is a flatish walk that meanders across the grassy/flowery plateau - amazing scenery without too much exertion.

Option 2: The McCall Point trail climbs 1,000 feet to a hilltop where the 360° views dazzle - Mts Hood and Adams, the Gorge from HR to The Dalles, and Klickitat canyon. Sweet!

DRIVE: Take Hwy 84 E to exit 69. Go right, pass thru Mosier and continue 6m to the signed parking lot. Plateau T'head is at entrance, McCall is on loop.

HIKING MAP



THE HOOD RIVER

area's MOST POPULAR HIKES

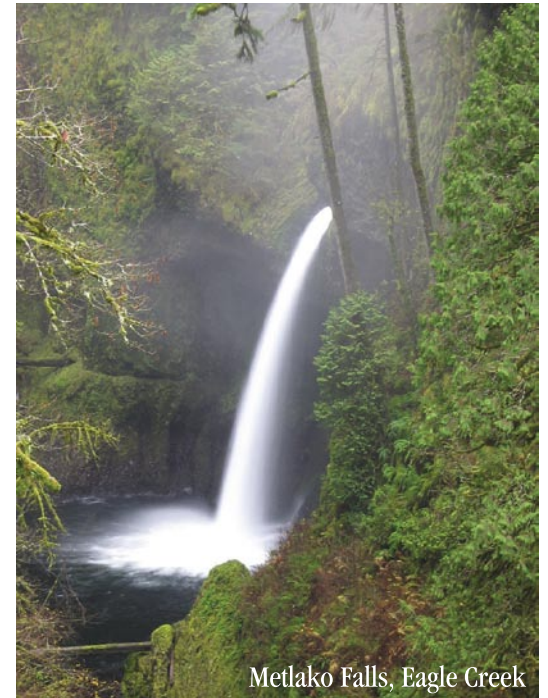
8 magnificent locations

All ability levels - from easy stroll to tough workout

All within a 22 minute drive of Hood River

EXACT directions

All hikes easy to follow - no maps needed



Metlako Falls, Eagle Creek

FROM WATERFALLS TO WILDFLOWERS,

HOOD RIVER HAS GOT IT ALL!!

GORGEOUS SCENERY GUARANTEED!!